

# TRAINEE NEWS from the Desjardins Centre for Advanced Training of the RI-MUHC

NEWSLETTER JANUARY 2016

events, announcements and news for graduate students and postdocs at the RI-MUHC



## NEWS

### Orientation 2015: Launch of the RI-MUHC Research Trainee Network was a success

By Mihaela Pupavac (PhD student, Child Health and Human Development)

On Friday, December 11<sup>th</sup>, 2015 the recently named Desjardins Centre for Advanced Training of the Research Institute of the McGill University Health Centre (RI-MUHC) held an orientation for trainees to learn about its activities in the areas of social and community participation and professional skills and career development. The event, which was attended by over 120 trainees, staff and faculty, was organized by Dr. Emily Bell, Manager of the Desjardins Centre for Advanced Training. Guest speaker, Julie Quenneville gave an impassioned speech encouraging trainees to use their network to propel their careers, using examples of her own path from journalist to public servant to her current role as President of the Royal Victoria Hospital and McGill University Health Centre Foundations. Trainees had the opportunity to interact with the Centre's directors, Drs Miguel Burnier and Costas Karatzas and with representatives from PGSS, Mitacs, SKILLSETS, and John Molson School of Business.

The event was a great success with trainees providing feedback that career training and resources are valuable to them and that they are looking forward to participating to the activities of the Desjardins Centre for Advanced Training. If you missed out on this event, check out <http://rimuhc.ca/web/research-institute-muhc/training-contact-us> for more information and keep an eye out for the Desjardins Centre for Advanced Training newsletter for listing of future events.

## EVENTS

### Career Planning Service (CaPS) at the Glen site!!

Thinking about your career? Want to meet with a career professional for advice? Lorna MacEachern, who works in graduate and postdoctoral career development at the McGill Career Planning Service, will be offering individual appointments at the Glen on **January 21<sup>st</sup>**. Sign up to get: assistance with identifying your career options, personal goals and strengths, job search strategies, help your application (cv, resume, and cover letter) reviewed, prepared for job interviews, or to discuss anything else related to your career.

**To book an appointment with Lorna at the Glen site, please call CaPS at 514-398-3304 (specify that you are a Glen student or postdoc).**

### Seminar Series: What's your path? Career options for life scientists – Coming Soon!

Don't know much about the different career paths of life science trainees like yourself? These weekly seminars will start in February. Former life science trainees will answer key questions about their current work, like, "how did you decide this was the right career for you", "where did you start your search", "what does your everyday look like", "what advice would you give your former life science trainee-self about careers". Send us the 2 questions that you most want answered by invited speakers to [ritraineenews@muhc.mcgill.ca](mailto:ritraineenews@muhc.mcgill.ca). There will be lots of time for questions!

## FURTHER READING

### Career Advice: Are you my mentor (University affairs)

<http://www.universityaffairs.ca/career-advice/career-advice-article/are-you-my-mentor/>

### The academic job search: getting your foot in the door (University affairs)

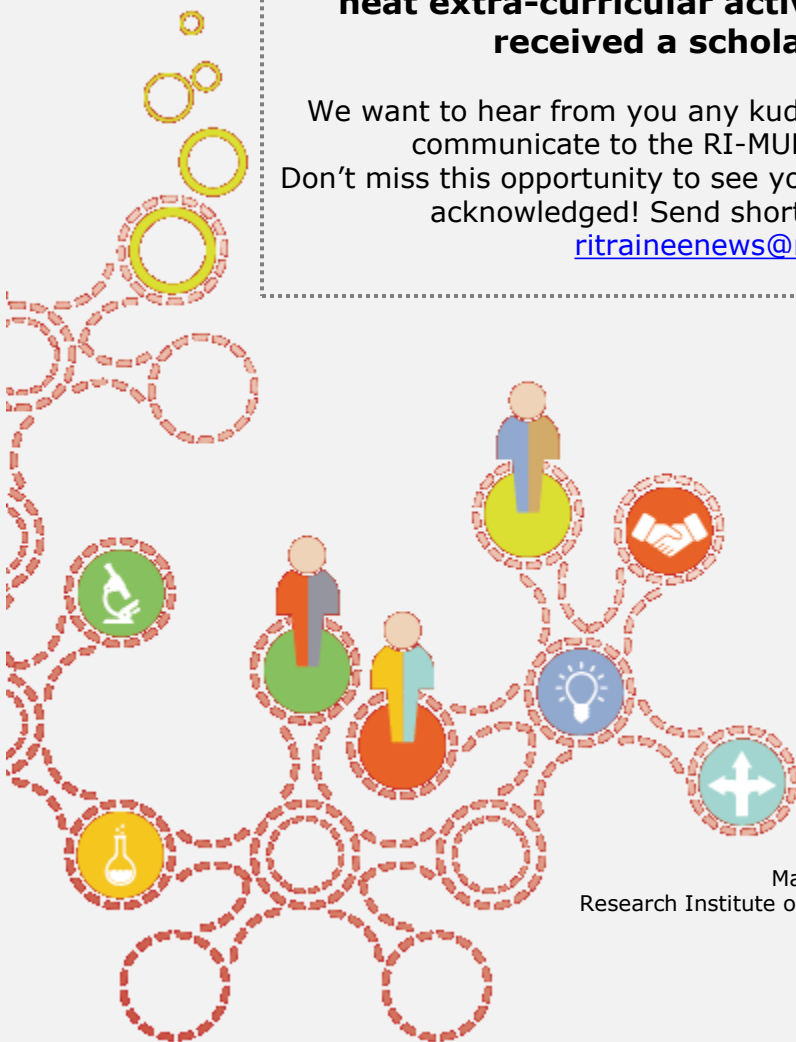
<http://www.universityaffairs.ca/opinion/the-black-hole/the-academic-job-search-getting-your-foot-in-the-door/>

### Graduate skills training and career development – are we doing all we can for women? (The Bell Curve)

<http://trueemilybell.tumblr.com/>

**Send us your trainee kudos**  
**Have you recently published a paper? Are you involved in neat extra-curricular activities? Have you recently received a scholarship or award?**

We want to hear from you any kudos or congratulations that we can communicate to the RI-MUHC community as a whole. Don't miss this opportunity to see your hard work and accomplishments acknowledged! Send short descriptions of kudos to [ritraiteenews@muhc.mcgill.ca](mailto:ritraiteenews@muhc.mcgill.ca)



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