



MUHC ENDOCRINE ROUNDS
November 24th, 2022
8:00 to 9:00 AM

Dr. Michael C. Riddell, Professor
School of Kinesiology and Health Sciences
York University, Toronto

Title: “ Exercise Glycemia in Type 1 Diabetes: Recent studies and observations. ”

Objectives:

- ~ List the benefits of regular exercise in type 1 diabetes.
- ~ Outline the endocrine regulation of glucose balance during exercise in type 1 diabetes.
- ~ Feature the factors thought to influence glycemia during and after exercise in the Type 1 Diabetes and Exercise Initiative (T1DEX) cohort study.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, approved by McGill University Health Centre Combined Endocrine Rounds.