### TRAINEE NEWS from the

### Desjardins Centre for Advanced Training of the RI-MUHC

**NEWSLETTER JUNE 2016** 

events, announcements and news for graduate students and postdocs at the RI-MUHC



#### **NEWS**



**SOCIAL MEDIA** 

Join us to celebrate Desjardins' donation to the Centre for Advanced Training of the RI-MUHC: Investing in preparing trainees for their future careers RSVP by June 3: at erika.sainos@muhc.mcgill.ca

The McGill University Health Centre Foundation, along with the Research Institute of the McGill University Health Centre (RI-MUHC), invites **all trainees** to join in celebrating the generous donation by Desjardins to the Centre for Advanced Training of the RI-MUHC. Through their donation, Desjardins has shown their support for RI-MUHC trainees.

Come, have a bite, enjoy a drink and ask experts the financial questions that are important to you:

How do I save when I am a trainee? Can I afford another year as a postdoc? How can I buy a home if I am not considered to have a regular job? What should I be putting away for retirement while I am still in grad school? How do I pay off my student loan?

**Where:** P.K. Subban Atrium, Montreal Children's Hospital, Glen Site **When:** Thursday, June 9, 2016, 4 p.m. to 6 p.m.

- COCKTAIL RECEPTION
- GET EXPERT FINANCIAL ADVICE ABOUT MANAGING YOUR DAY-TO-DAY FINANCES, INVESTING, AND DEALING WITH FINANCIAL LIFE EVENTS AS A TRAINEE



\*\*Follow the Desjardins Centre for Advanced Training on Twitter for news, events and more: **@CAT\_RIMUHC** 



\*\* Join the group "Desjardins Centre for Advanced Training of the RI-MUHC" on LinkedIn for news, job postings and more (if you have trouble accessing the group, connect to https://ca.linkedin.com/in/truemilybell)

#### TRAINEE KUDOS



Marzieh Ghiasi, M.Sc. Student

Infectious Diseases and Immunity in Global Health Program and Centre for Outcomes Research and Evaluation

Marzieh Ghiasi's research on TB infection and control in healthcare trainees took her to South India, where she conducted her field work for a master's degree in epidemiology supervised by <a href="Dr. Madhukar Pai">Dr. Madhukar Pai</a>. Supported by awards from Mitacs Globalink and the CIHR, her work has so far resulted in three publications. Marzieh was one of the finalists in McGill's "3 Minute Thesis" (3MT) competition in 2016. She will begin her MD/PhD training at Michigan State University in the fall. Kudos, Marzieh!

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# 3 common interview mistakes that keep qualified PhDs from getting job offers (Cheeky Scientist)

http://cheekyscientist.com/common-interview-mistakes-keeping-phds-getting-job-offers/

#### A bridge to Business (Nature Jobs)

http://www.nature.com/naturejobs/science/articles/10.1038/nj7589-243a

# 5 Business Skills That Everyone Needs to Succeed—and How You Can Learn Them (The Muse)

https://www.themuse.com/advice/5-business-skills-that-everyone-needs-to-succeedand-how-you-can-learn-them

#### 10 Tips for Writing a PhD Thesis (Times Higher Education)

https://www.timeshighereducation.com/blog/10-tips-writing-phd-thesis

### TRAINEE KUDOS

#### Samaneh Farsijani, Doctoral student

Experimental Therapeutics and Metabolism Program

Congratulations to Samaneh Farsijani, one of the few winners of the Emerging Leaders in Nutrition Science poster competition at the Experimental Biology 2016 conference in San Diego. She won the best abstract programmed in the eight oral sessions of the Energy and Macronutrient Metabolism Research Group of the American Society of Nutrition. Her work on protein intake and loss of lean mass in the elderly earned much positive feedback. A trainee in <a href="Dr. Stéphanie Chevalier's">Dr. Stéphanie Chevalier's</a> laboratory, Samaneh has expressed her special thanks to the RI-MUHC Centre for Innovative Medicine biostatistical services for guidance throughout her analysis.

#### Laura Labonté, Doctoral student

Translational Research in Respiratory Diseases Program and Centre for Outcomes Research and Evaluation

Congratulations to Laura Labonté, the April 2016 winner of the FRQS Étudiante-chercheuse étoile award in the Fonds santé category. Her research on chronic obstructive pulmonary disease (COPD) in <u>Dr. Jean Bourbeau's</u> laboratory led to the award-winning publication in the American Journal of Respiratory and Critical Care Medicine. The research demonstrates that the overall health system burden of exacerbation in those with undiagnosed COPD is more considerable than was previously thought. If these patients were recognized, providing proper therapy could potentially reduce hospital admissions. Laura is now beginning medical studies at McGill.

(Read more)

#### \*\*New Networking Opportunity for McGill students not to be missed \*\*

**#McGillConnect** is a new exclusive career network for the McGill community. Join the platform now to:

- Build your network, promote job opportunities or recruit talent
- Mingle and learn from other professionals in your industry
- · Create or host speaking events or drop-in career advice sessions
- Connect directly with talented McGill students and new graduates

Joining is easy, so register at McGillConnect.ca.

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#### Coming soon to your email: Tell us about your training needs

The Desjardins Centre for Advanced Training of the RI-MUHC offers workshops, seminars and short-courses that contribute to the professional skills training and career development of RI-MUHC trainees (including graduate students and postdoctoral fellows).



We want to ensure that you are informed of our activities and that they meet your needs. In order to do so, we wish to understand what activities you would like to see more of, know what information is important to you, and how we can best communicate with you.



Please fill out the short survey that will be coming by email so that we can best serve your training needs.

# O OTHER ACTIVITIES

\*see links for more information and to register

#### **Graphos presents:**

**Get ready for conference season: Mechanics of Oral Presentations June 1, 4 p.m. - 6 p.m.** 

Participate in this workshop and you will learn strategies for preparing for an oral presentation, including the use of technology when speaking engaging your audience, so that your presentations stand out.

#### **Graphos presents:**

3-Day Writing Retreat

June 15- 17, 9:30 a.m. - 4:30 p.m.

Carve out time to advance your writing/publishing projects in the company of other focused graduate students. Sign up now for the Graphos 3-Day Writing Retreat.

Concordia University Graduate and Professional Skills presents (open to McGill trainees): <a href="Professional Negotiation and Persuasion Skills">Professional Negotiation and Persuasion Skills</a> - Waitlist open June 7, 10 a.m. – 12 p.m.

In this workshop, we will emphasize the importance of continuously improving our negotiation skills, regardless of our area of expertise. Also, we will define the foundations of the principled negotiations model, increase our ability to identify opportunities for negotiation, and become more persuasive negotiators.

Concordia University Graduate and Professional Skills presents (open to McGill trainees): <u>Leading Teams for Success</u> - Waitlist open June 14, 10 a.m. – 12 p.m.

This workshop is designed to aid graduate students learn core strategies to successfully lead teams using an evidence-based approach.

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## O PUBLISH YOUR RESEARCH



# NOW ACCEPTING

The MJM is a student-run, peer-reviewed journal that offers students around the world an opportunity to publish on all aspects of medicine. We accept original research, research letters, letters to the editor, reviews, commentaries, essays, artworks and more.

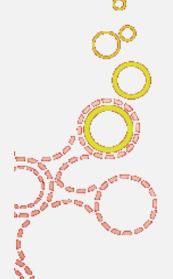
You can now track the progress of your submission ONLINE.

Submit at mjmmed.com





### **BIOSTATISTICS FOR GRAD STUDENTS**



# <u>Biol-598: Advanced Experimental Design and Biostatistics, McGill's Department of Biology</u>

Content: The first part of the course focuses on experimental design as a key step in experimentation. The second part of the course provides training in ANOVA, regression, mixed models, ordination, information theory, and other multivariate approaches. The course consists of formal lectures, discussions of model experiments, student discussions of analytical techniques, and student presentations of the application of statistical approaches to their own data. The course is tailored to graduate students and upper division undergraduates. Students must have their own datasets.

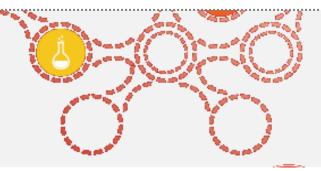
Registration: Permission of instructor required (jon.sakata@mcgill.ca)



# Send us your trainee kudos Have you recently published a paper? Are you involved in neat extra-curricular activities? Have you recently received a scholarship or award?

We want to hear from you any kudos or congratulations that we can communicate to the RI-MUHC community as a whole.

Don't miss this opportunity to see your hard work and accomplishments acknowledged! Send short descriptions of kudos to <a href="mailto:ritraineenews@muhc.mcgill.ca">ritraineenews@muhc.mcgill.ca</a>





#### For more information contact:

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